

April 28, 2023

To Gifu University academic, administrative staff and students,

Subject: Gifu University's Approaches to the Government's New Categorization of COVID-19 from May 8, 2023

The Japanese Government downgrades COVID-19 to "Class 5" (level equals with a seasonal influenza) from May 8, 2023. The following are Gifu University's approaches to the government's new categorization of COVID-19 from May 8, 2023.

1. Gifu University Guideline for COVID-19

"Gifu University Guideline for COVID-19" is put to an end with all the activities stipulated by the Guideline (namely, "Educational Activities," "Academic Staff, Research Activities," "Administrative staff," "Meetings," "Entry Restrictions for Students," "Extracurricular Activities," "Business Trips and Outings," and "Entry Restrictions for People Outside of the University") being categorized to be "Level 0 (as per normal)."

2. Reporting of COVID-19 Cases Confirmed on Campus

Reporting of COVID-19 cases confirmed on campus at GU website discontinues from May 8, 2023.

3. COVID-19 Infection after May 8, 2023

***Staff of the School of Medicine and the University Hospital, and the students of the School of Medicine and the Graduate School of Medicine will be separately notified of the infection updates, and are asked to follow the instructions from GU.**

1. If you are tested positive

Please follow the instructions concerning the recuperation period designated by the hospital/clinic, or the instructions from the Health Administration Center.

I. Period to refrain from going out

Because an infected individual is most likely to infect others for five days after his/her symptoms appeared, please refrain from going out for these five days² (counting the day of symptoms appeared as "0¹" day). If symptoms continue till 5th day, an infected individual is advised to go out 24 hours after cold-like symptoms (such as high fever, phlegm, sore throat, etc.) disappear. Please go to see a doctor if you have serious symptoms.

- 1) If you have no symptoms at all, the day of submitting a sample is counted as Day “0.”
- 2) If you need to go out during the “period to refrain from going out,” please confirm that you have no major cold-like symptoms, and wear a mask to prevent infections.

II. Precautions and considerations to others

Please take precautions (wearing an unwoven fabric mask, refraining from contacting the seniors or high-risk people, etc.) not to infect others for at least 10 days since cold-like symptoms start to appear because an infected individual can still infect others for these 10 days. If coughing, sneezing, etc. continue more than 10 days after the first symptoms appear, please observe the “coughing manners (wear a mask, cover your mouth or nose with a tissue/handkerchief, cough or sneeze into your sleeve)

III. What to do during a recuperation period

A) Students

If you cannot come to classes, please fill in the Health Administration Center’s report form including the period of staying at home instructed by a hospital/clinic, and report to the student affairs section of your faculty/graduate school.

B) Academic and administrative staff

Please contact your supervisors and request a sick leave or leave of absence, or apply for teleworking since COVID-19 compulsory leave measures are no longer applicable.

2. Reporting to the Health Administration Center

Please access the new form of reporting below

<<https://forms.office.com/r/qvMcSWWK7D>>

or scan the QR code on the left to report to the Health Administration Center



3. If you become a close contact

Public health centers no longer identify a close contact of a COVID-19 patient, and a close contact is not asked to refrain from going out. At Gifu University, no identification of a close contact is made, and we do not ask him/her to refrain from going out.

If you become a close contact,

- If your family members or persons who are living together are infected, please separate the living quarters as much as possible, and limit the person who takes care of a patient.

- In case of going out, please carefully observe your physical conditions for five days from the day when cold-like symptoms appeared (Day “0”). Please note that you may develop symptoms till seventh day from Day “0.”
- Please take basic prevention measures such as washing hands, using a hand sanitizer, good ventilation, wear an unwoven fabric mask, and refrain from meeting with the seniors and high-risk people.

4. COVID-19 related updates/notifications

Except for the “Mask-Wearing from April 1, 2023” issued by Vice President SUGIYAMA Makoto (Evaluation, General Affairs, Public Relations and Fund) on March 27, 2023, no COVID-19 related updates/notifications remain posted at Gifu University website from May 8, 2023.

We appreciate your kind understanding and cooperation.

SUGIYAMA Makoto

Vice President (General Manager)

(Evaluation, General Affairs, Public Relations and Fund)



When you have an infectious disease, inform to Gifu University

If you have an infectious disease, inform it to the Health Administration Center through the following URL. It is mandatory based on the School Health and Safety Act in Japan.

<https://forms.office.com/r/qvMcSWWK7D>



★List of infectious diseases which you have to inform.

URL : <http://www.hoken.gifu-u.ac.jp/pdf/202304210841J.pdf>

Students should inform also the Academic Affairs of their department.

Since appropriate accommodation should be provided for sick leave, don't visit the university while you have symptoms to avoid spreading the infection.



The health behavior for the coronavirus infection after May 8, 2023.

If you are infected, until 5 days have passed since the onset and 1 day has passed since the symptoms improved.

Infected people may have enough volume of virus to transmit others from 2 days before the onset to 10 days after the onset, careful behavior is recommended including wearing a mask during this period.

Close contact person will not be picked up. However, those who had contacted with an infected person should be careful not to spread the infection.

If you are infected, please report it to the university.

To GU academic, administrative staff and students,

March 27, 2023

Subject: Mask-Wearing from April 1, 2023

In response to the “Mask Use Guidance from April 1, 2023” issued by the Higher Education Policy Planning Division, Higher Education Bureau, the Ministry of Education, Culture, Sports, Science and Technology of Japan on March 17, 2023, Gifu University has laid down the following new mask-wearing policy on campus from April 1, 2023.

1. Outside of School of Medicine, University Hospital

- A) We do not ask GU staff and students to wear a face mask on condition that the basic infection control measures are observed (avoid the “Three Cs (Closed spaces with poor ventilation, Crowded places with many people nearby, Close-contact settings such as close-range)”, social distancing, regular use of a hand sanitizer, and good ventilation).
- B) GU staff and students are advised to wear a face mask in a crowded train or bus on their way to the university and back. We would like to ask your considerations to the passengers on the bus bound for the University Hospital for medical treatments.
- C) People may continue wearing a face mask for their own reasons (have underlying conditions, suffer from pollen allergy, and so forth), therefore, please do not have bias or discriminate against those who decide to keep on wearing a mask in public or private spaces.
- D) Please observe “Coughing Manners” (Cover your mouth and nose with a tissue, etc., if you suddenly sneeze or cough, do so into your elbow or inside your jacket.)

2. School of Medicine and University Hospital Area

Regardless of the affiliations, staff and students continue to be required to wear a mask.
Please wear a mask when you go to the University Hospital or wait for a bus at Yanagidobashi Bus stop.

We appreciate your kind understanding and cooperation.

SUGIYAMA Makoto

Vice President (General Manager)

(Evaluation, General Affairs, Public Relations and Fund)



The area where mask wearing is required is inside of the red line.

Mask wearing is required for anyone that enters the inside even while waiting for a bus at a bus stop.