To Gifu University students and club supervisors

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## Change in the Level of Extracurricular Activities

The level for "6. Extracurricular Activities" on Gifu University Guideline for COVID-19 was downgraded from "Level 3" to "Level 2." However, please continue to take every infection prevention measure when engaging in extracurricular activities both on and off campus.

Level  $3 \rightarrow \text{Level 2 of "6. Extracurricular Activities" on Gifu University Guideline for COVID-19$ 

	Details	Facility Use		Extracurricular	Recruitment	Events, etc.
Level		Indoor	Outdoor	Activities	Activities	(Need application)
	Extracurricular			• Use of all	Recruitment	· Events,
	activities (on			facilities is	activities are	competitions,
	and off			available with	permitted with	matches, training,
	campus) are			every	every	etc. are possible
	allowed with			precaution	precaution	after thorough
	every			taken	taken.	examinations for
	precaution			• Try to come		their scales,
	taken, 3Cs			up with ways		contents, etc.
	settings			of practicing to		(with every
	avoided.			avoid		precaution taken)
				infections		(Need
				(especially in		application)
				sports which		<ul> <li>Training camps</li> </ul>
				require close		are possible after
2		0	0	contact,		an approval from
				playing the		Student Support
				music		Division (with

		·			
		instruments,	every precaution		
		etc. (with	taken)		
		every	(Need		
		precaution	application)		
		taken)			
		• Max. hours			
		of practice: 3			
		hours, end by			
		7:00pm			
		· Return			
		home soon			
		after			
		activities			
		Avoid the 3Cs (Closed s	paces, Crowded places, Close-		
		contact settings)			
		Avoid the following:			
		1. Informal gathering	l. Informal gatherings with eating and drinking		
		sessions			
		2. Eating together in	a large group for long hours		
		(*up to 4 people, make a reservation at eatery,			
		wrap up in a short	time)		
		3. Conversations with no masks on			
		4. Sharing small livin	g space (*book a private room		
		at hotels, etc.)			
		5. Frequent use of lo	unge, smoking room, locker		
			eople constantly come and go.		
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<sup>\*</sup>If you suspect infection, please contact the Health Administration Center (Tel: 058-293-2174)