

August 3, 2020

To Gifu University students

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RE: COVID-19 Prevention Measures in Response to  
Gifu Prefecture's "Second Wave State of Emergency"

On July 28, 2020, Gifu Prefectural Government requested higher educational institutions within Gifu Prefecture to take thorough COVID-19 infection prevention measures, and on July 31, the government issued the "Second Wave State of Emergency."

To respond to the government request and to advise students to avoid 3Cs (closed spaces, crowded places and close-contact settings), Gifu University renewed the code of conduct for extracurricular activities from the level 2 to level 3 on August 3 (see Attachment 1).

We ask that Gifu University students observe the following infection prevention measures on campus and at home. The Attachment 2 is a flow chart for students' health maintenance during the summer recess. Please follow the instructions shown on the chart to stay safe and healthy during the recess. Also, if there are any notifications from your faculty/school/center, etc. concerning classes, examinations or infection prevention measures, etc., please follow their instructions.

<Infection Prevention Measures>

1. Please closely monitor your physical conditions every day (take body temperatures, check whether you have cold-like symptoms or not, etc.) If you feel unwell, please refrain from going out.  
If you have shortness of breath, feel strong fatigue or have high fevers, please contact the Health Administration Center or public health center in your community, or medical institutions.
2. Please refrain from attending get-together, gatherings or parties in closed and crowded

places, or eating out with friends, etc. Particularly at karaoke bars, please make sure whether proper infection prevention measures are in place, and think twice before going to karaoke (see the table\* below).

3. Please refrain from making nonessential outings, business trips, etc. to afflicted regions across prefectural borders.
4. Please make the following four rules your daily routines: “social distancing,” “wearing masks,” “washing hands,” and “avoiding 3Cs”

\* Excerpt from “To Representatives of Higher Educational Institutions: Second Wave of Infections within Gifu Prefecture” (source: Gifu Prefecture)

Going to eating establishments which accompany entertainments → Think twice before going (avoid going if possible).
Loud conversations without masks on → Need to wear masks
No mask-wearing → Need to wear masks (excluding the time of eating)
Long-hour meetings in cramped spaces → Short-hour meetings in wider spaces

## (Renewed) Gifu University Guideline for COVID-19

Activities	(Old)		(New)		Other
	Level	Code of Conduct	Level	Code of Conduct	
6. Extracurricular Activities	2	(from June 18, 2020) Extracurricular activities are allowed with every infection prevention measure being taken on and off campus and avoiding the 3Cs.	<u>3</u>	(from August 3, 2020) <u>Outdoor activities alone are allowed on condition that individuals observe infection prevention measures and social distancing</u>	

# Health Maintenance Flow Chart during Summer Recess

## 【Points of Attention in Daily Life】

- Please closely monitor your physical conditions every day (take body temperatures, check whether you have cold-like symptoms or not, etc.) If you feel unwell, please refrain from going out.
- Please take body temperature in the morning before leaving home to attend classes. If you have high fevers or cold-like symptoms, etc. please contact the Health Administration Center and student affairs office of your faculty/school/center, etc. and stay at home.
- Please refrain from attending get-together, gatherings or parties in closed and crowded places, eating out with others, etc. Particularly at karaoke bars, please make sure whether proper infection prevention measures are in place, and think twice before going to karaoke.
- Please refrain from making nonessential outings, business trips, etc. to afflicted regions across prefectural borders.
- Please make the following four rules your daily routines: "social distancing," "wearing masks," "washing hands," and "avoiding 3Cs"

For those with the following symptoms:

- Shortness of breath, strong fatigue, or high fevers, etc.
- Those with underlying conditions, who have developed high fevers, cough and have other mild cold-like symptoms.
- Mild cold-like symptoms such as high fevers, coughing, etc. continue.

Contact the Health Administration Center or public health center of your community, or medical institutions.

No

PCR Testing

Yes

Report to the Health Administration Center for your undergoing of PCR testing

Report the results of PCR testing to the Health Administration Center

Even if you do not have any symptoms, please report to the Health Administration Center if you undergo PCR testing: 058-293-2174 (Weekday 8:30~17:00)  
\*Please contact: 058-230-1111 at nights (weekdays), weekends, national holidays and August 13 and 14, 2020