

# Medical Care and health

## Public Support for Medical Care Expense

### 1. National Health Insurance

Every international student under the college student status must join the National Health Insurance program issued by Japanese government. This insurance premium will save 70 % of total expenditure in the hospitals and you have to pay only 30% of medical cost from the total of your bill. Application is available at the municipal office of your residential area. The insurance premiums may vary depending on individual household situations. Your insurance premium is decided by your income, your number of family members, etc. However, if you are a newcomer to Japan or a student, you can ask for a reduction in your premium. If you do not specially request it, you can't get this reduction. (If approved, annual premium per person will be about 21,000 yen).

For inquiries: National Health Insurance, Pension Department, Gifu City Hall  
TEL: 058-265-4141 (Main)

### 2. National Pension System

All people aged between 20 and 60 living in Japan must join the national pension system. If you can't pay the pension premium for financial reasons, you can apply for exemption of payment. After you apply for the exemption system, all or part of the pension premium will be excused according to the amount of income earned the previous year. In case of students, they can apply for the extension of payment. If it's approved, you don't have to pay them during the approved period.

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